

**PRAYERS**

*Some suggestions . . .*

- Dear Lord, please help me to have the highest respect for You. Help me to worship You in my thoughts, words and actions.
- Dear Lord, thank You for having regard for people.
- Dear Lord, please help me to treat people with dignity and respect.

**THOUGHTS & ATTITUDES**

*Affirm thoughts like these. . .*

- The Lord is great, and worthy of the highest respect! I will worship Him!
- The Lord created people, and He loves them!
- People are important, including me!
- Even when they may appear otherwise, people are important.
- The people around me are important!
- \_\_\_\_\_ is an important person!
- I will treat \_\_\_\_\_ with respect!  
(Put a person's name in the blanks above)

*Other suggestions . . .*

- Remember how the Lord respected people.
- Memorize the theme verse at the start of this chapter.
- Think about other people.
- Remember people's names.

**WORDS ~ Ephesians 4:29**

*Suggested things to say or write to others . . .*

- "You are important!"
- "\_\_\_\_\_, I respect your opinion."
- "What do you think, \_\_\_\_\_?"
- "I've been thinking of you."
- "I'd like to hear your ideas on this."
- "I'd like to know what's important to you."

**ACTIONS**

*Suggestions . . .*

- Look at the person who's speaking.
- Hold the door open for others.
- Dress appropriately and respectfully.
- Be on time – respecting a person's time is respecting them.

**DISCUSSION**

*For personal reflection or group consideration . . .*

1. What do the Scriptures say about respect?
2. Who should we respect? Why?
3. Do I respect others? How?
4. What can I do to show greater respect to others?
5. What will I commit to changing or doing?