

FOR CHARACTER • FOR RELATIONSHIPS • FOR LIFE

## SYNERGY

COOPERATION, TEAMWORK



**S**ynergy is the beautiful phenomenon that occurs when people working together in harmony perform and achieve far beyond what they would accomplish separately. Synergy is combined effort that yields a combined result.

Using the definition above, do I practice synergy with others? How?




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How would I rate myself on practicing synergy with others?

Poor \_\_\_ Fair \_\_\_ Good \_\_\_ Excellent \_\_\_ Date \_\_\_

*Symptoms and consequences . . .*

### HOW TO TELL WHEN SYNERGY IS LACKING

When synergy is lacking, people are not working efficiently and effectively toward shared goals. Energy and creativity are wasted in interpersonal friction and conflicts.

Pride and independence can keep people from working together cooperatively.

A sports team without synergy doesn't win many games, because players don't work together.

The desire to get the credit or control the situation may outweigh a commitment to team goals.

**Two people working as a team will produce more than three working as individuals.**

– Charles P. McCormick

**Who do I find it hard to cooperate with?**

*List 1-3 names, codes, or initials*




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**Why?** \_\_\_\_\_

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**Who do I find it easy to cooperate with?**

*List 1-3 names, codes, or initials*




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**Why?** \_\_\_\_\_

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Date \_\_\_\_\_

Seed 9

### LIFESKILLS

12Seeds™

RESPECT  
ENCOURAGEMENT  
LISTENING  
APPRECIATION  
TRUST  
INTEGRITY  
ORDER  
NURTURE  
SYNERGY  
HOPE  
IDEALS  
PARDON

FOR GROWTH

Synergy helps fill the human need to:

**Work Together**



Now you are the body of Christ, and each one of you is a part of it.

– 1 Corinthians 12:27

**Write below what the verse above means to you.**




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There's a good harvest . . .

**WHEN SYNERGY GROWS**

Synergy provides motivational and creative energy. Synergy not only enhances and coordinates individual efforts, but it enables the people involved to attain greater results, which they can then celebrate together.



**SOME OF THE BLESSINGS WHEN SYNERGY GROWS:**

- Teamwork improves.
- People contribute their respective strengths toward common goals.
- People benefit from the strengths of others.
- Productivity increases, stress decreases.

**Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up.**

– Ecclesiastes 4:9-10

**Which blessings are the most important to me?**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Considering the examples on the right → → → → → → → → → →

**AM I PRACTICING SYNERGY WITH . . .**

- **Family members?** Yes No *If yes, how?*

\_\_\_\_\_

*How could I improve?*

\_\_\_\_\_

- **Friends and acquaintances?** Yes No *If yes, how?*

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*How could I improve?*

\_\_\_\_\_

- **Authority Figures?** Yes No *If yes, how?*

\_\_\_\_\_

*How could I improve?*

\_\_\_\_\_

***What will I commit to do in order to better practice this seed?***

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date \_\_\_\_\_ Signed \_\_\_\_\_

**HABITS TO HELP SYNERGY GROW:**

**PRAYER**

Dear Lord, thank You for creating synergy. Help me to work cooperatively with others.

**THOUGHTS & ATTITUDES**

We get a lot done working together. Things go better when we cooperate. Each person on our team has great potential.

**WORDS**

“We can get this done if we work together.”  
 “I’m glad you’re on this team.”  
 “I’ll take care of that part of the job.”

**ACTIONS**

Focus on team goals, not your own agenda. Give cooperation as a gift to others.

**FELLOWSHIP**

Celebrate working together as a team!