

FOR CHARACTER • FOR RELATIONSHIPS • FOR LIFE

IDEALS

VALUES AND MODELS OF EXCELLENCE



Ideals are high standards and examples that are worthy of imitation in a life of excellence. They are patterns and models that guide quality of living. Ideals include: beautiful scenery, goals that guide us, and worthy principles that help orient our lives.

Using the definition above, do I share ideals with others? How?



Using the definition above, do ideals guide my life? How?

How would I rate myself on sharing ideals with others?

Poor ___ Fair ___ Good ___ Excellent ___ Date ___

Symptoms and consequences . . .

HOW TO TELL WHEN IDEALS ARE LACKING

When ideals are missing in a relationship, communication is typically centered on trivial topics and/or peppered with profanity. Behavioral standards may be low. Respect for truth and character may be absent.

We may have grown up in environments where ideals were ignored and where all the attention was given to base things. Sometimes we fail to uphold high ideals because at one time we may have tried and failed to attain a goal or standard.

Practice ideals in your thoughts, words and actions.

Who do I find it hard to share ideals with?

List 1-3 names, codes, or initials



Why? _____

Who do I find it easy to share ideals with?

List 1-3 names, codes, or initials



Why? _____

Date _____

Seed 11

LIFESKILLS

12Seeds™

RESPECT
ENCOURAGEMENT
LISTENING
APPRECIATION
TRUST
INTEGRITY
ORDER
NURTURE
SYNERGY
HOPE
IDEALS
PARDON

FOR GROWTH

Ideals help fill the human need for:
A Higher Focus



If anything is excellent or praise-worthy – think about such things.

– Philippians 4:8b

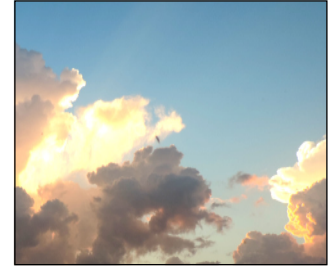
Write below what the verse above means to you.



There's a good harvest . . .

WHEN IDEALS GROW

Ideals lift our spirits, calling us to higher things. They give special meaning and purpose to our lives together. Ideals give us direction for daily living, including worthy goals to guide our efforts. Ideals inspire us, providing beauty for our lives.



SOME OF THE BLESSINGS WHEN IDEALS GROW:

- We focus on the Lord and His ways.
- People are inspired toward noble pursuits.
- High standards of conduct are maintained.
- Inspiration and creativity increase.

**O Lord, our Lord, how majestic is Your Name
in all the earth. You have set your glory
above the heavens.**

– Psalm 8:1

Which blessings are the most important to me?

 _____

Considering the examples on the right → → → → → → → → → →

AM I PRACTICING IDEALS WITH . . .

- **Family members?** Yes No *If yes, how?*

 _____

How could I improve?

 _____

- **Friends and acquaintances?** Yes No *If yes, how?*

 _____

How could I improve?

 _____

- **Authority Figures?** Yes No *If yes, how?*

 _____

How could I improve?

 _____

What will I commit to do in order to better practice this seed?

 _____

Date _____ Signed _____

HABITS TO HELP IDEALS GROW:

PRAYER

Dear Lord, help me to focus on You and on the high values You wish me to live by.

THOUGHTS & ATTITUDES

There is so much beauty in the world. Dwell on profound and positive thoughts. Meditate on Scripture, such as the Psalms.

WORDS

“I’m inspired by your high standards.”
 “What’s the best way to do this.”
 “What would Jesus do in this situation?”

ACTIONS

Worship the Lord daily. Be careful about your choices of media. Avoid profanity.

FELLOWSHIP

Share uplifting ideas, dreams and goals.