

## 5 Things Every Leader Should Know About HOPE

*Simple reminders for values-oriented leaders.*



1. *Hope is a wish or desire accompanied by the confident expectation of its fulfillment.* It can include confidence or trust in someone or something.
2. Hope is to have positive expectations about the future. Even when things look challenging on the job or at home, hope helps people press on.
3. Hope helps restore motivation and energy. It helps overcome worrying – anxiety about the future – which saps strength for today.
4. Hope is contagious and positively affects others. A good leader will seek to realistically and enthusiastically build hope in the workplace, at home and elsewhere.
5. Influences that build hope need to be ongoing and consistent because negative and pessimistic influences abound in our world today.



*Ah, Hope! What would life be, stripped of thy encouraging smiles,  
that teach us to look behind the dark clouds of today,  
for the golden beams that are to gild the morrow.*

– Susanna Moodie